

Roan Primary School Menu –October 2023



	Monday	Tuesday	Wednesday	Thursday	Friday
2nd October	Golden Crumbed Fish Fingers Baked beans & Broccoli & Coleslaw, Mashed potato Vanilla Artic Roll & Peaches	Beef Meatballs with Italian Tomato & Basil Sauce Garden peas and salad Oven baked potato wedges, pasta Shortbread, Custard & Fruit	Chicken Curry & Naan Bread Mini Corn on the Cob Steamed Rice, chipped Potatoes Strawberry Jelly & Fruit	Roast Chicken, Stuffing & Rich Gravy Baton Carrots & tossed salad Mashed potato Jam & Coconut Sponge & Custard	Tasty Pork Sausages with Tomato Ketchup or Gravy Sweetcorn & Spaghetti Hoops Chipped Potatoes, Mashed Potato, Salad Melon Wedge
9th October	Beef Bolognese with Garlic Bread Garden Peas & Savoy Cabbage Oven Baked Potato Wedges, Spaghetti Chocolate cake	Golden Crumbed Fish Fingers Mini Corn on the Cob & Spaghetti Hoops & Coleslaw Chipped Potatoes, Pasta Jelly & Mandarin Oranges	Chicken Curry & Naan Bread Mashed Potato, Rice Green beans & Sweetcorn Cornflake Biscuit	Roast of the Day, Stuffing & Rich Gravy Cauliflower Cheese & Baton Carrots Mashed Potato Ice Cream Slider & Fruit	Oven Baked Chicken Nuggets Garden Peas & Baked Beans Chipped Potatoes, Jacket Potato, Salad Homemade Ginger Biscuit & Fruit
16th October	Spaghetti Bolognese Baton Carrots & Baked Beans Mashed Potato, salad Homemade Ginger Biscuit	Classic Margherita Pizza Garden Peas & Coleslaw Chipped Potato Mashed Potato Strawberry Jelly, Ice Cream & Fruit	Chicken Curry & Naan Bread Steamed Broccoli & Sweetcorn Oven Roasted Potato Wedges, Rice Banana Yoghurt Pot	Roast Chicken, Stuffing & Rich Gravy Baton Carrots & Savoy Cabbage Mashed Potato Chocolate Sponge	Hot Dog Garden Peas & Spaghetti Hoops Chipped Potato, Mashed Potato Fresh Fruit & Yoghurt
23rd October	Chicken Nuggets & Garden Peas Chipped Potato, Pasta Ice Cream	Spaghetti Bolognese Sweetcorn & Baked Beans Diced Potatoes, Mashed Potatoes, Salad Fruit	Chicken Curry & Naan Bread Rice, Salad, Mashed Potato Rice Krispie Square & Fruit	Roast Turkey, Stuffing & Rich Gravy Cauliflower & Baton Carrots Mashed Potato Fruit Muffin	NO SCHOOL MEALS SCHOOL CLOSING EARLY FOR PARENT- TEACHER MEETINGS
30th October	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	SCHOOL CLOSED	Tasty pork sausages with tomato ketchup or gravy, Sweetcorn & spaghetti hoops, chipped potatoes, mashed potato, salad Melon Wedge

*Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily*

*Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot*

*If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form*

Menu may be subject to change at short notice depending upon deliveries etc.

