

# Roan Primary School Menu – October/November 2022



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>WEEK 1</b> <b>24<sup>th</sup> Oct</b>	Spaghetti Bolognaise  Garden Peas Mashed Potato  Sponge with Jam Topping	Homemade Breaded Chicken Goujons & Dip  Sweetcorn Salad Selection Chips, Mashed Potato  Jelly & Ice-Cream Slice with Orange Segments	Oven Baked Breaded Fish Fingers  Mashed Potato Diced Carrots Broccoli Florets Gravy  Fresh Fruit OR Fresh Yoghurt	Roast Pork  Traditional Stuffing, Fresh Diced Carrots Oven Roast Potato Mashed Potato, Gravy  Rice Krispie Square	<b>SCHOOL CLOSING AT 11AM</b>
<b>WEEK 2</b> <b>31<sup>st</sup> Oct</b>	<b>SCHOOL CLOSED</b>	<b>SCHOOL CLOSED</b>	<b>SCHOOL CLOSED</b>	<b>SCHOOL CLOSED</b>	Chicken Nuggets  Sweetcorn Mashed Potato Chips Salad Selection  Frozen Yoghurt & Fruit Pieces
<b>WEEK 3</b> <b>7<sup>th</sup> Nov</b>	Oven Baked Breaded Fish Fingers  Baked Beans Tossed Salad Mashed Potato  Fresh Fruit OR Fresh Yoghurt	Breast of Chicken Curry & Boiled Rice & Naan Bread  Sweetcorn Broccoli Florets  Jelly & Fruit Pieces	Cottage Pie  Carrots Diced Turnip Mashed Potato, Gravy  Rice Pudding OR Fresh Yoghurt OR Fresh Fruit	Roast Gammon  Fresh Baton Carrots Cauliflower Florets Mashed Potato Oven Roast Potato Gravy, Stuffing  Ginger Biscuit	Oven Baked Sausages  Garden Peas Coleslaw Mashed Potato Chips  Ice Cream & Fruit Pieces
<b>WEEK 4</b> <b>14<sup>th</sup> Nov</b>	Steak Burger  Baked Beans Mixed Salad Mashed Potato  Fresh Fruit OR Fresh Yoghurt	Pasta Bolognaise  Fresh Baton Carrot  Eton Mess (Meringue, Fruit & Yoghurt)	Oven Baked Sausage  Garden Peas Diced Carrots Mashed Potato Herb Dice Potato  Chocolate Brownie	Roast Breast of Chicken  Traditional Stuffing Carrots, Broccoli Florets Oven Roast Potatoes Mashed Potato Gravy  Fresh Fruit Salad & Jelly	Homemade Margherita Pizza  Sweetcorn Salad Selection Chips, Mashed Potato  Ice Cream & Fruit Pieces

*Breads  
Milk, Water  
Fresh Fruit,  
Yoghurt  
Available Daily*

*Salad Selection  
Rice Salad,  
Coleslaw  
Sweet Chilli Pasta  
Tossed Salad  
Lettuce, Cherry  
Tomato  
Grated Carrots  
Cucumber  
Diced Red Peppers  
Red Onion  
Radish  
Beetroot*

*If You Require  
Any Additional  
Information on  
Allergens or  
Special Diets  
Please Contact  
the School to  
complete a  
Special Diets  
Application Form*

