

Roan Primary School Menu –November 2023



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------------------------|---|---|--|--|---|
| 30th October | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED | SCHOOL CLOSED | Tasty pork sausages with tomato ketchup or gravy, Sweetcorn & spaghetti hoops, chipped potatoes, mashed potato, salad Melon Wedge |
| 6th November | Beef Bolognaise with Garlic Bread Garden Peas & Savoy Cabbage Oven Baked Potato Wedges, Spaghetti Chocolate cake | Golden Crumbed Fish Fingers Mini Corn on the Cob & Spaghetti Hoops & Coleslaw Chipped Potatoes, Pasta Jelly & Mandarin Oranges | Chicken Curry & Naan Bread Mashed Potato, Rice Green beans & Sweetcorn Cornflake Biscuit | Roast of the Day, Stuffing & Rich Gravy Cauliflower Cheese & Baton Carrots Mashed Potato Ice Cream Slider & Fruit | Oven Baked Chicken Nuggets Garden Peas & Baked Beans Chipped Potatoes, Jacket Potato, Salad Homemade Ginger Biscuit & Fruit |
| 13th November | Spaghetti Bolognaise Batton Carrots & Baked Beans Mashed Potato, salad Homemade Ginger Biscuit | Classic Margherita Pizza Garden Peas & Coleslaw Chipped Potato Mashed Potato Strawberry Jelly, Ice Cream & Fruit | Chicken Curry & Naan Bread Steamed Broccoli & Sweetcorn Oven Roasted Potato Wedges, Rice Banana Yoghurt Pot | Roast Chicken, Stuffing & Rich Gravy Baton Carrots & Savoy Cabbage Mashed Potato Chocolate Sponge | Hot Dog Garden Peas & Spaghetti Hoops Chipped Potato, Mashed Potato Fresh Fruit & Yoghurt |
| 20th November | Chicken Nuggets & Garden Peas Chipped Potato, Pasta Ice Cream | Spaghetti Bolognaise Sweetcorn & Baked Beans Diced Potatoes, Mashed Potatoes, Salad Fruit | Chicken Curry & Naan Bread Rice, Salad, Mashed Potato Rice Krispie Square & Fruit | Roast Turkey, Stuffing & Rich Gravy Cauliflower & Baton Carrots Mashed Potato Fruit Muffin | Steak burger & Tomato Ketchup Sweetcorn & Salad, Chipped potato, Pasta Flakemeal biscuit & Fruit |
| 27th November | Golden Crumbed Fish Fingers Baked beans & Broccoli & Coleslaw, Mashed potato Vanilla Artic Roll & Peaches | Beef Meatballs with Italian Tomato & Basil Sauce Garden peas and salad Oven baked potato wedges, pasta Shortbread, Custard & Fruit | Chicken Curry & Naan Bread Mini Corn on the Cob Steamed Rice, chipped Potatoes Strawberry Jelly & Fruit | Roast Chicken, Stuffing & Rich Gravy Baton Carrots & tossed salad Mashed potato Jam & Coconut Sponge & Custard | Tasty pork sausages with tomato ketchup or gravy, Sweetcorn & spaghetti hoops, chipped potatoes, mashed potato, salad Melon Wedge |

Breads
Milk, Water
Fresh Fruit,
Yoghurt
Available Daily

Salad Selection
Rice Salad,
Coleslaw
Sweet Chilli Pasta
Tossed Salad
Lettuce, Cherry
Tomato
Grated Carrots
Cucumber
Diced Red Peppers
Red Onion
Radish
Beetroot

If You Require
Any Additional
Information on
Allergens or
Special Diets
Please Contact
the School to
complete a
Special Diets
Application Form

Menu may be subject to change at short notice depending upon deliveries etc.

 **School Meals cost £2.60 per day or £13 per week.**
Please ensure payment for meals is made on a Monday morning.