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|  | **Roan Primary School Menu – October 2021****Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)**Friday** |
| **WEEK 1****27th** **Sept** | **SCHOOL****CLOSED** | Breaded Fish FingersGarden PeasSalad SelectionMashed PotatoVanilla Ice Cream  | Homemade Breaded ChickenGoujonsSelection of Dipping SaucesSweetcornSalad SelectionHot Pasta TwistsMashed PotatoFresh Fruit Selection & Yoghurt | Roast PorkHerb StuffingGravyFresh Baton CarrotsBroccoli FloretsMashed PotatoRice Krispie Square | Hot DogBaked BeansTossed SaladChipsMashed PotatoOat Biscuit & Fresh Fruit Chunks |
| **WEEK 2****4th****October** | Steak BurgerGravyBroccoli FloretsFresh Baton CarrotsMashed PotatoChocolate Brownie  | Shepherd’s PieGarden PeasMashed PotatoHomemade Shortbread  | Fresh Breaded Fish Goujons with lemon slice Tartar Sauce Baked Beans Salad SelectionMashed PotatoStrawberry Jelly & Ice-Cream with Fresh Fruit | Roast Breast of Chicken Herb StuffingGravy Cauliflower CheeseFresh CarrotsMashed PotatoesSticky Flapjacks  | Chicken NuggetsSalad SelectionSalsa DipSweetcorn ChipsMashed PotatoSelection of Fruit & Yoghurt |
| **WEEK 3****11th** **October** | Italian Pasta BolognaiseSweetcornMashed PotatoChocolate & Orange Egg Sponge  | Traditional Chicken GoujonsSelection of Dipping SaucesBaton CarrotsSalad SelectionChipsMashed PotatoRaspberry Ripple Ice-Cream & Fresh Fruit Chunks | Breaded Fish FingersGarden PeasMediterranean Roasted VegetablesMashed PotatoFresh Fruit Selection & Fresh Yoghurt | Roast TurkeyHerb StuffingCranberry Sauce Gravy Fresh CarrotsFresh Savoy CabbageMashed Potato Cornflake Square  | Traditional Homemade Chicken SoupSteak Burger in BapSelection of BreadsStrawberry Mousse & Fresh Fruit Salad |
| **WEEK 4****18th****October** | Breast of Chicken Curry with Boiled RiceNaan BreadGarden PeasMashed PotatoLemon Drizzle Cake  | Oven Baked SausagesBaked BeansSweetcorn Mashed PotatoFlakemeal Biscuit Fingers | Steak BurgerGravyFresh Baton CarrotsMashed PotatoChocolate Brownie  | Savoury MinceBroccoli & Cauliflower FloretsMashed PotatoSelection of Fruit & Yoghurt | Homemade Margherita PizzaSweetcornSalad SelectionMashed PotatoChipsArtic Roll & Fruit Chunks |



***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Salad Selection***

***Rice Salad, Coleslaw***

***Sweet Chilli Pasta***

***Tossed Salad***

***Lettuce, Cherry Tomato***

***Grated Carrots***

***Cucumber***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

 ***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

 ***Available Daily***