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|  | **Roan Primary School Menu – October 2021**  **Monday** | **Tuesday** | **Wednesday** | **Thursday** | Version 1 colour for printing (1)  **Friday** |
| **WEEK 1**  **27th**  **Sept** | **SCHOOL**  **CLOSED** | Breaded Fish Fingers  Garden Peas  Salad Selection  Mashed Potato  Vanilla Ice Cream | Homemade Breaded Chicken  Goujons  Selection of Dipping Sauces  Sweetcorn  Salad Selection  Hot Pasta Twists  Mashed Potato  Fresh Fruit Selection & Yoghurt | Roast Pork  Herb Stuffing  Gravy  Fresh Baton Carrots  Broccoli Florets  Mashed Potato  Rice Krispie Square | Hot Dog  Baked Beans  Tossed Salad  Chips  Mashed Potato  Oat Biscuit & Fresh Fruit Chunks |
| **WEEK 2**  **4th**  **October** | Steak Burger  Gravy  Broccoli Florets  Fresh Baton Carrots  Mashed Potato  Chocolate Brownie | Shepherd’s Pie  Garden Peas  Mashed Potato  Homemade Shortbread | Fresh Breaded Fish Goujons with lemon slice  Tartar Sauce  Baked Beans  Salad Selection  Mashed Potato  Strawberry Jelly & Ice-Cream with Fresh Fruit | Roast Breast of Chicken  Herb Stuffing  Gravy  Cauliflower Cheese  Fresh Carrots  Mashed Potatoes  Sticky Flapjacks | Chicken Nuggets  Salad Selection  Salsa Dip  Sweetcorn  Chips  Mashed Potato  Selection of Fruit & Yoghurt |
| **WEEK 3**  **11th**  **October** | Italian Pasta Bolognaise  Sweetcorn  Mashed Potato  Chocolate & Orange Egg Sponge | Traditional Chicken Goujons  Selection of Dipping Sauces  Baton Carrots  Salad Selection  Chips  Mashed Potato  Raspberry Ripple Ice-Cream & Fresh Fruit Chunks | Breaded Fish Fingers  Garden Peas  Mediterranean Roasted Vegetables  Mashed Potato  Fresh Fruit Selection & Fresh Yoghurt | Roast Turkey  Herb Stuffing  Cranberry Sauce  Gravy  Fresh Carrots  Fresh Savoy Cabbage  Mashed Potato  Cornflake Square | Traditional Homemade Chicken Soup  Steak Burger in Bap  Selection of Breads  Strawberry Mousse & Fresh Fruit Salad |
| **WEEK 4**  **18th**  **October** | Breast of Chicken Curry  with Boiled Rice  Naan Bread  Garden Peas  Mashed Potato  Lemon Drizzle Cake | Oven Baked Sausages  Baked Beans  Sweetcorn  Mashed Potato  Flakemeal Biscuit Fingers | Steak Burger  Gravy  Fresh Baton Carrots  Mashed Potato  Chocolate Brownie | Savoury Mince  Broccoli & Cauliflower Florets  Mashed Potato  Selection of Fruit & Yoghurt | Homemade Margherita Pizza  Sweetcorn  Salad Selection  Mashed Potato  Chips  Artic Roll & Fruit Chunks |



***If You Require Any Additional Information on Allergens or Special Diets Please Contact the School to complete a Special Diets Application Form***

***Salad Selection***

***Rice Salad, Coleslaw***

***Sweet Chilli Pasta***

***Tossed Salad***

***Lettuce, Cherry Tomato***

***Grated Carrots***

***Cucumber***

***Diced Red Peppers***

***Red Onion***

***Radish***

***Beetroot***

***Breads***

***Milk, Water***

***Fresh Fruit, Yoghurt***

***Available Daily***